

## CALIFORNIA STATE SCIENCE FAIR 2003 PROJECT SUMMARY

Name(s)

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**Project Number** 

**J1309** 

**Project Title** 

# **Antibiotic Properties in Herbal Tinctures**

#### **Abstract**

## **Objectives/Goals**

Selected herbal tinctures were tested to see if they could inhibit the growth of the E. coli.

### Methods/Materials

The herbal tinctures were applied to petri dishes, which were then inoculated with E. coli. Gentamicin sulfate was used as a positive control and plates with only E. coli were used as a negative control.

#### Results

Two herbal tinctures, chaparral and thyme were as effective as the gentamicin sulfate in controlling e. coli growth. Chaparral, thyme and gentamicin sulfate allowed no colonies to form. Shepherds purse, spilanthes, echinacea, and pau d'arco appeared to aid the growth of the E. coli.

### Conclusions/Discussion

Two herbal tinctures, chaparral and thyme were as effective as the gentamicin sulfate in controlling e. coli growth. Chaparral, thyme and gentamicin sulfate allowed no colonies to form.

Some of the tinctures, shepherds purse, spilanthes, echinacea, and pau d'arco appeared to aid the growth of the E. coli. These tinctures allowed more colonies to form than what appeared on the negative control plates.

The tinctures of thuja, elder, oat grass and goldenseal allowed some e. coli growth. This group of tinctures appears to have some antibiotic activity against e. coli.

## **Summary Statement**

Effectiveness of ten herbal tinctures on DH5 E. coli

## Help Received

Used UCSD Rosenfeld lab under the supervision of Charles Nelson