

CALIFORNIA STATE SCIENCE FAIR 2008 PROJECT SUMMARY

Name(s)

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Project Number

J0624

Project Title

Under the Surface: Priming the Subconscious Brain

Abstract

Objectives/Goals

My objective is to determine if a person's behavior will change after reading hidden keywords in a scrambled-sentence test.

Methods/Materials

Using a stopwatch, I secretly timed people's walking speed before and after they took one of two scrambled-sentence tests that I created. My purpose in doing this was to see if the hidden keywords within the test would cause an alteration of the person's behavior, specifically the person's walking speed.

Results

I found that the subjects' walking speed was affected by the hidden keywords in the text sixty-two percent of the time.

Conclusions/Discussion

My hypothesis was supported by the results of the test. I think the reason the individuals' behavior changed after reading the hidden words is because of a subconscious desire to fit in with the situation at hand. The subconscious brain of the person reading the text causes him to change his behavior, specifically his walking speed, without his awareness. This is a pyschological technique called priming-a person's behavior and mood can be altered by simply reading or hearing something pertaining to a particular state of mind.

Summary Statement

My project is about the effect of subconscious priming on people's behavior.

Help Received

My parents helped find subjects and sent them in to participate when I requested. I used my dad's computer and software to generate charts and graphs.