Project Number
J1731

## Project Title

## Is the Five-Second Rule a Myth?

## Objectives/Goals

Abstract
The \#Five-Second Rule\# states that the amount of bacteria an object collects when dropped on the floor depends on how long it was on the floor. I am trying to find out if that rule is a myth, and whether wet or dry food collects more bacteria. I hypothesized that time is not a factor in the amount of bacteria an object will collect, and that wet food will collect more bacteria.

## Methods/Materials

I took a cracker and salami and rubbed them on petri dishes. I dropped a cracker and salami on the floor, picked them up after three seconds, and rubbed them on petri dishes. I did the same thing, but I waited thirty seconds instead of three. I did the same thing again, waiting sixty seconds. I repeated each step three times. I waited three days, examined the dishes, and collected data.
Results
I found that time is not a factor in the amount of bacteria an object will collect when dropped on the floor, and that both foods collected about the same amount of bacteria.

## Summary Statement

I am trying to find if time is a factor in how much bacteria an object gathers, and whether wet food will collect more bacteria than dry food when dropped on the floor.

## Help Received

My dad helped me during my experiment.

