

CALIFORNIA STATE SCIENCE FAIR 2010 PROJECT SUMMARY

Name(s)	Project Number
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	J2111
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Project Title	
Which Acne Cream Can Really Zap That Zit?	
Which Ache Cream Can Keany Zap That Zit.	
Abstract	
Objectives/Goals	
The objective is to determine if over-the-counter acne creams or prescription acne creams are more effective at removing facial bacteria. I believe the prescription acne creams will be more effective than	
over-the-counter ache creams.	
Methods/Materials	
The variable of my experiment is that I tested 3 over-the-counter topical acne car	reams and 2 prescription
topical acne creams. The over-the-counter creams were Proactiv, Clearasil and Neutrogena. The	
prescription acne creams were Duac and SFC which I obtained a prescription from my dermatologist. I	
tested the acne creams by using the bacteria Bacillus Cereus that I obtained from Carolina Biological.	
The bacteria was spread in Petri dishes. I spread each acne cream on the bacteria and conducted tests under the same conditions. I determined the most effective acne cream by taking 3 tests each and came up	
with 5 different ways to show how effective it is. I recorded the following: how far the acne cream has	
spread, how far the bacteria has spread, time for acne cream to go into effect, how long the acne cream	
lasted, and the percent of coverage.	
Results	
Proactiv, an over-the-counter acne cream was the most effective at killing the bacteria.	
Averages for Proactiv: 16.6 minutes to go into effect, lasted 3 hours and it spread 3.83mm. The bacterium spread 5mm and the percent of bacteria that covered the Petri dish was 83%.	
Duac came in second place, Neutrogena came in third place, Clearasil came in forth place.	
SFC, a prescription ache cream, was the least effective at killing the bacteria.	
Averages for SFC: 32.6 minutes to go into effect, lasted 1 hour and it spread 1.5mm. The bacterium	
spread 4mm, and the percent of bacteria that covered the Petri dish was 79%.	
Conclusions/Discussion Acne cannot be cured but it can be treated. Modern medicine has produced a wide range of prescription	
and over-the-counter products to help people deal with acne. I can conclude that regular brand acne	
creams are more effective than prescription acne creams. My hypothesis was not correct because I	
thought prescription creams would be more effective. I had figured out that the acne creams with a better	
combination of ingredients are more effective at removing general facial bacteria. My project has a lot of	
value because it provides useful information to those who are fighting acne.	
Summary Statement	
My project is to determine if over-the-counter acne creams or prescription acne creams are more effective	
at removing facial bacteria.	
Help Received	
Dr. Dunn, my science teacher, helped me order bacteria, Petri dishes and borrow test tubes from her.	
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