| Name(s) <br> Jessica M. Cronin |
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| Project Title <br> Variations in Heart Rate Pre- and Post-Exercise: Human vs. Equine <br> Objectives/Goals <br> My goal was to find out whether a horse or it's rider's heart rate would be most affected after jumping a <br> course of jumps. <br> Methods/Materials <br> Stethoscope, Stopwatch, Course of Jumps, Horse/Rider Combos <br> Results <br> The horse's heart rate was most affected according to percentages. <br> Conclusions/Discussion <br> If you look at the amount of beats per minutes the heart rates changed, it looks like the rider's heart rates <br> were most affected. However, since human hearts beat slower than horse hearts, you must find the <br> percentage of the change to see that the horse's heart rates actually changed more. |

Summary Statement
My goal was to find out whether a horse or it's rider's heart rate would be most affected after jumping a course of jumps.

## Help Received

Since I had to get heart rates before they could lower, I had the riders take their own pulse while I took the heart rate of their horse.

