

CALIFORNIA STATE SCIENCE FAIR 2015 PROJECT SUMMARY

Name(s)

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Project Number

S1207

Project Title

Variations in Heart Rate Pre- and Post-Exercise: Human vs. Equine

Abstract

Objectives/Goals

My goal was to find out whether a horse or it's rider's heart rate would be most affected after jumping a course of jumps.

Methods/Materials

Stethoscope, Stopwatch, Course of Jumps, Horse/Rider Combos

Results

The horse's heart rate was most affected according to percentages.

Conclusions/Discussion

If you look at the amount of beats per minutes the heart rates changed, it looks like the rider's heart rates were most affected. However, since human hearts beat slower than horse hearts, you must find the percentage of the change to see that the horse's heart rates actually changed more.

Summary Statement

My goal was to find out whether a horse or it's rider's heart rate would be most affected after jumping a course of jumps.

Help Received

Since I had to get heart rates before they could lower, I had the riders take their own pulse while I took the heart rate of their horse.