

CALIFORNIA SCIENCE & ENGINEERING FAIR 2018 PROJECT SUMMARY

Name(s)

Chloe Little; Mohini Vadalia

Project Number

S0414

Project Title

Effect of Frequencies on the Human Brian's Memory Capacity: The Sound of Memory

Abstract

Objectives/Goals

Discover and observe the impact of various frequencies upon the human memory capacity and effects upon concentration, cognition, and focus.

Methods/Materials

Materials:

7 Volunteers (within the age of 13-18)

Frequency generator

Enclosed area

Simplistic images

Timer

Writing utensils

Paper

Method: Gathered 7 volunteers to test the effect of numerous tones and pitches of frequencies and discover the impact upon the memory and concentration of their brain.

- 1. The 7 volunteers enter the area.
- 2. Show 1 image for 10 seconds without the use of a frequency.
- 3. Repeat step 2 for the next 4 images.
- 4. Allow 5 minutes for the volunteers to describe each of the 5 pictures from memory.
- 5. Repeat step 2,3,4 for the next 4 frequencies. (200, 3700, 11100, 15000) 6. Record the results of data.

Results

Our experiment showed that the 11,100 Hertz frequency was the most effective in enhancing the memory of our volunteers. After completing two trials, both trials showed that the points were, on average, the highest for the round of pictures shown while the 11100 Hertz frequency played, meaning that this session had the most details from participants, in both trials.

Conclusions/Discussion

To further this science experiment, as concluded in the results, the 11,100 Hertz frequency was the most beneficial for the participants to recall their memory, thus this can serve as a psycho-acoustic medicine to relieve stress pain or even aid the mentally ill in calming their breathing level and their active minds to a relaxed state or this can serve to prevent cancers or treat cancers and other diseases in certain situation. It can also increase memory functions, enhance sleep cycles and synchronize the left and right hemispheres

Summary Statement

The cognitive experiment explores the impact of different frequencies on the visual memory and concentration of a human, ultimately discovering that higher frequencies may serve as psycho-acoustic medicine for mentally disabled patients.

Help Received

The 7 volunteers tested upon in our experiment were our only assistance since my partner and I designed and performed the project ourselves.