

CALIFORNIA SCIENCE & ENGINEERING FAIR 2019 PROJECT SUMMARY

Name(s)	Project Number
Malia Walker	J2026
	JZUZU
Project Title	
Heat Conductivity: A Study of Baking Sheets	
Abstract	
Objectives	
My purpose for this experiment was to examine how and why the heat conductivity in different baking sheets affects the outcome of baking.	
Methods	
I made biscuits and two different chocolate chip cookie recipes on 8 different baking sheets: Non-stick,	
Aluminum, Stainless Steel, Insulated, Aluminized Steel, Copper, Ceramic, and glass. The variables I controlled were the temperature (375 degrees Fahrenheit for cookies, 350 Fahrenheit for biscuits), size of	
baked good (one-ounce scoop for cookies, biscuits were 2.04 ounces), time baked (10 minutes for cookies,	
13 for biscuits), and the number on the sheet (four for cookies, two for biscuits).	
Results	
My results showed that baked goods on sheets with a higher conductivity are over baked, while ones with lower conductivity are underbaked. Specifically, non-stick produced the darkest baked goods, glass resulted	
in the lightest baked goods, and aluminized steel resulted in the most golden baked goods.	
Conclusions	
Knowing the heat conductivity of baking sheets is important in a real-life situation because you need to be aware of what sheets you are baking with to achieve consistently well-baked goods.	
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Summary Statement	
I showed that the heat conductivity of different baking sheets affects baked goods.	
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Help Received	
None. I completed the experiment and project on my own.	