



**CALIFORNIA STATE SCIENCE FAIR  
2003 PROJECT SUMMARY**

<b>Name(s)</b> <b>Alice P. Lo</b>	<b>Project Number</b> <b>J0324</b>
<b>Project Title</b> <b>Aromatherapy</b>	
<p style="text-align: center;"><b>Abstract</b></p> <p><b>Objectives/Goals</b> I am trying to discover which odors affect certain moods.</p> <p><b>Methods/Materials</b></p> <p>Materials</p> <ol style="list-style-type: none"><li>1.Cotton squares</li><li>2.Small containers</li><li>3.Medium containers</li><li>4.Rosemary</li><li>5.Juniper</li><li>6.Golden Sage</li><li>7.Chamomile</li><li>8.Terragon</li><li>9.Lavender</li><li>10.Mint</li><li>11. Oil</li></ol> <p>Testing Procedure</p> <ol style="list-style-type: none"><li>1.Cut plants into smaller portions</li><li>2.Put into small containers</li><li>3.Leave for 12-48 hours or more</li><li>4.Add alcohol (tincture)</li><li>5.Put into different bottles</li></ol> <p>Investigation</p> <ol style="list-style-type: none"><li>1.I shall cut pieces of note cards into smaller squares</li><li>2.Put the scent on the piece of paper</li><li>3.Have the person smell it</li><li>4.Ask the person to fill out the questionnaire</li></ol>	
<b>Summary Statement</b> I am attempting to discover which odors affect certain moods.	
<b>Help Received</b> Mom purchased the herbs and Dad took pictures.	