Name(s)	Project Number
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Project Title

Which Beverage Stains the Most?

Abstract

Objectives/Goals
My project is about the following: does Green Tea, coffee, Tea, Chocolate, Pepsi, Grape Juice, Cranberry juice, or Tang stain teeth the most and does temperature affect stainging? I thought that if I set one tooth each in twelve jars, then Hot Coffee will stain the tooth the most.

Methods/Materials
My materials were the following: baby food jars (12), pepsi, grape juice, cranberry juice, coffee, tea, green tea, tang drink mix, chocolate drin mix, teeth (12), plate, tubes, tongs, and gloves. The staining of the teeth was measured by a whitening shade guide.

Results
My results are the grape juice stains the most, cranberry the second,pepsi and hot green tea third, hot tea the fourth, coffee and green tea the fifth, hot coffee, tea, hot chocolate, sixth, and chocolate the least.

Conclusions/Discussion
My conclusion and results show that my hypothesis was proven incorrect. My conclusion shows that drinking ordinary beverages has a major toll on how badly your teeth get stained.

Summary Statement

My project is about how beverages in various temperatures have different staining levels on teeth.

Help Received

Dentist provided teeth.

Ap2/04