



**CALIFORNIA STATE SCIENCE FAIR  
2009 PROJECT SUMMARY**

<b>Name(s)</b> Amara Clayton; Jessica Miller; Luis Moncada	<b>Project Number</b> <b>S0305</b>
<b>Project Title</b> <b>Which Energy Drink Gives You the Most Energy?</b>	
<b>Abstract</b> <b>Objectives/Goals</b> Our objective was to learn how human subjects were affected by different brands of energy drinks. <b>Methods/Materials</b> Materials: 8 human testers age 13-16, 75 math worksheets, energy drinks. We will have the testers drink several different energy drinks and perform various tests indicating their energy level at several different time intervals. <b>Results</b> All energy drinks had a negative effect on the subjects, and the energy levels were all extremely similar before the inevitable crash occurred. <b>Conclusions/Discussion</b> Our conclusion is that the energy drinks have a negative effect on teenagers and they are definitely not worth drinking when you compare the pros and cons.	
<b>Summary Statement</b> To see which energy drink gives teens with the most energy.	
<b>Help Received</b> Amara's Mom helped to create graphs, Testers volunteered time.	