

CALIFORNIA STATE SCIENCE FAIR 2010 PROJECT SUMMARY

Name(s)

Valerie Trejo

Project Number

J1323

Project Title

Athletes vs. Musicians

Abstract

Objectives/Goals

My main goal was to discover who has a better lung capacity athletes or musicians.

Methods/Materials

My materials were a air flow meter, fifteen musicians between the ages of 11-12 years, fifteen athletes also in the ages of 11-12, and non athletes and non musicians in the same age group as the athletes and musicians. I will first have the student sit in perfect posture have them inhale deeply on to the air flow meter then I will continue this process for all my trials.

Results

My average for athletes was 1301 milliters the average for musicians was about 1333.33. The greatest average for the athletes was 2250 ml the least was 250 ml.

The greatest average was 2000 ml the least was 250 ml. From my results I saw that musicians had the greatest average out of all of my trials.

Conclusions/Discussion

My conclusion was that the musicians have a stronger lung capacity then the athletes.

Summary Statement

My project is to see who has a better lung capacity athletes or musicians.

Help Received

My science teacher helped me with my testing by providing me her class room.