

CALIFORNIA STATE SCIENCE FAIR 2016 PROJECT SUMMARY

Name(s) **Project Number** Maya A. Johnson 36829 **Project Title** Which Mouthwash Is More Effective in Killing Oral Bacteria? **Abstract Objectives/Goals** ost effective in The objective of the experiment is to determine which types of mouthwashes an killing oral bacteria. Methods/Materials Petri dishes, Three mouthwashes: Listerine, Crest and Tom's of Marne, Carsera. Measured the amount of bacteria grown before and after using mouthwash. **Results** Three mouthwashes were used to determine which would kill the most oral pacteria. The Xylitol mouthwash killed the most bacteria at a 84% reduction, then the alcohol based mouthwash at 77% reduction and lastly the chemical substitute mouthwash at a 145% growth **Conclusions/Discussion** I performed several trials and contrary to what I expected, the alcohol based mouthwash did not perform the best. Xylitol was the most effective in killing oral pacteria. After observing my results, I did more investigation about xylitol and discovered it is used in sugar-free landies and toothpaste. **Summary Statement** I investigated which nouthwash is the most effective in killing oral bacteria and observed that mouthwash with xylitol kill the most bacteria. **Help Received** My father helped me with the data analysis.